Addressing Nocturnal Sleep/Wake Effects on Risk of Suicide in Older Adults (ANSWERS-OA) Trial

Participants needed for a clinical trial

- Do you have insomnia or difficulty sleeping?
- Have you wanted to die or commit suicide in the past month?
- Are you 65 years or older?

Researchers in the Department of Psychiatry at the University of Arizona are conducting a trial to see if a behavioral treatment for insomnia is safe and accessible for older adults with insomnia and suicidal ideation.

If you would like to participate, you can:

- Go to [https://redcap.link/answerstrial](https://redcap.link/answerstrial) or
- Scan the QR code with your phone to access our website or
- Email Andrew Tubbs at atubbs@email.arizona.edu

An Institutional Review Board responsible for human subjects research at The University of Arizona reviewed this research project and found it to be acceptable, according to applicable state and federal regulations and University policies designed to protect the rights and welfare of participants in research.