

# Do you have sleep apnea and high blood pressure?

**Adults 50 - 80 years old are being recruited for a study investigating the effects of a new breathing treatment.**

- **Eligible individuals will be compensated for their time.**
- **Sleep study, breathing training and study-related assessments will be provided at no cost**

Interested in participating? Complete our pre-screening questionnaire:  
<https://redcap.link/breathe>



Principal Investigator: E. Fiona Bailey, PhD

This project is approved by the University of Arizona IRB.

Participants may or may not see improvements in their symptoms as a result of the treatment.



520-626-0836

